



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

JOIN A COMMUNITY NOT JUST A GYM.

Membership Rates HARRISON FAMILY YMCA

At the Y, we exist to strengthen the community. Together, with people like you, we nurture the potential of kids, help people understand and improve their health and provide opportunities to give back and support our neighbors. So, join our cause, and create meaningful changes not just for you, but also for your community.



Hours of operation: M-F: 5AM-8PM SAT: 7AM-5PM SUN: 1PM-5PM
HARRISON FAMILY YMCA | 1000 Independence Drive Rocky Mount, NC | 252-972-9622 | www.harrisonfamilyY.org



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WHAT COMES WITH YOUR MEMBERSHIP?

Nationwide Membership
enables you to visit any participating Y in the United States through membership at your "home" YMCA (your home location is the facility that enrolled you as a member and that collects your membership dues)
Full Use of the facility
Group Exercise Classes
Water Fitness Classes
Open Swim
Walking Track

Spa/Sauna
Child Watch Care
Program Discounts
Healthy Living Orientation
Pools
Racquetball Courts
Basketball Gyms
Pickleball
Giving & Volunteer Opportunities



Membership Category	Monthly Rate	Joining Fee	Description
Youth	\$17	None	6 weeks to 12 years old
Teen	\$25	\$30	Teens ages 13 to 18
Young Adult	\$36	\$30	Young adult ages 19 to 25
One Adult	\$50	\$30	One adult ages 26 to 59
Two Adults	\$66	\$50	Two adults living in the same household
One Adult Plus	\$60	\$30	One adult & dependents, 23 & under, living in the same household
Two Adult Plus	\$78	\$50	Two adults & dependents, 23 & under, living in the same household
Three Adult Plus	\$106	\$50	Three adults & dependents, 23 & under, living in the same household
One Senior	\$42	\$30	One adult ages 60 and over
Two Seniors	\$59	\$50	Two adults living in the same household where one is age 60+

Please see front desk for membership referral details!
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